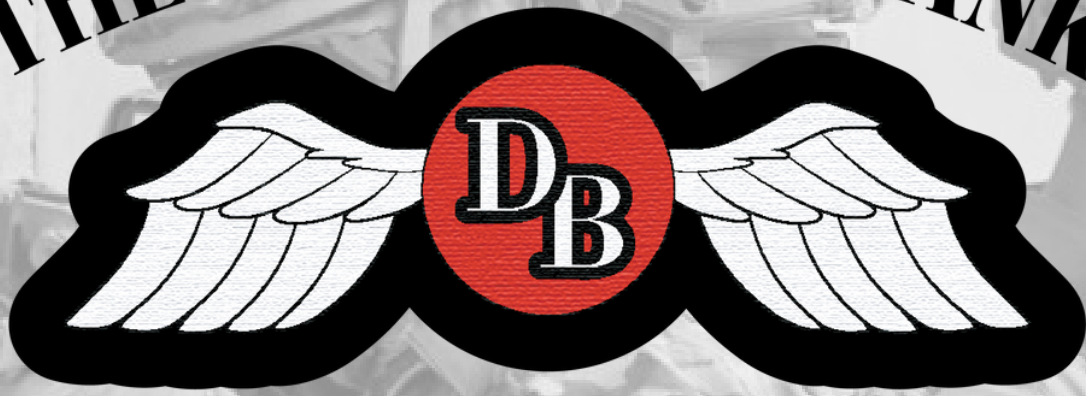


THE DONOVAN & BANK



FOUNDATION

2022

QUICK GUIDE



The Donovan & Bank Foundation is a North Carolina based 501(c)(3) charitable organization dedicated to helping United States Special Operators bring closure to their warrior story and transition to a life of peace, contentment and balance.

The Foundation is small by design. We only have three full time employees. All other support and staff are contracted on an as-needed basis. We keep the organization small and lean so we can be agile and responsive, and we have determined we can have a significant impact with a small team.

We understand the unique challenges faced by the Special Operators who dedicate themselves to preserving our way of life. Our mission is to provide the necessary resources, support, and guidance to successfully navigate life after service.



OUR MISSION

Help Special Operators bring closure to their warrior story and transition to a life of peace, contentment and balance

HOW WE DO IT

We accomplish our mission through four interrelated and mutually supporting programs



The **JANUS Program** delivers transition assistance products and services including one-on-one counseling, transition workshops, leadership seminars and financial literacy education. We run approximately 25-30 JANUS events per year at locations throughout the country and at forward deployed units (Germany & Japan).



The **Special Operations Experience** gives civilians the chance to experience Special Operations training and provides networking and career opportunities for transitioning Special Operators. We run two Special Operations Experiences each year, and several smaller "boutique" tactical events around the country.



The **Donovan & Bank Society** brings together Special Operations veterans and private citizens for mutual learning and support with a shared commitment to serving their communities and upholding the values of honesty, integrity, respect, fairness, accountability, and transparency. The Society is supported by membership dues.



Donovan and Bank's Wellness Program empowers SOF soldiers to take responsibility for their well-being through informed lifestyle choices and provides tools to identify wellness gaps. The program facilitates access and funding to cutting edge treatment for PTS and TBI and focuses on holistic wellness practices and tools like yoga, meditation, counseling and Brazilian Jiu Jitsu training.

OUR IMPACT

In 2022 The Donovan & Bank Foundation directly impacted over 2300 Special Operators, including family members and Special Operations Leadership. JANUS Transition workshops were by far the most impactful program, directly serving 1177 Special Operators. The Innovative Wellness Program helped 65 Special Operators and family members receive cutting edge treatment for TBI and PTS.

OUR IMPACT - 2022	
PROGRAM	SERVED
JANUS WORKSHOPS	1177
JANUS LEADERSHIP EDUCATION	233
JANUS ONE-ON-ONE COUNSELING	208
JANUS FINANCIAL LITERACY EDUCATION	515
SPECIAL OPERATIONS EXPERIENCE	114
INNOVATIVE WELLNESS	65

OUR FINANCES

In 2022 we raised just under \$650,00. 96% of funds were dedicated to supporting our programs, 4% went towards operating expenses, leaving \$181,000 in year end assets.

